

COMMUNITY CARING COUNCIL
Community Plan Quarterly Meeting
Priority Issue Council and Sub-Committee Chairs
Friday, October 28, 2005, 11:30 a.m.
Community Counseling Center

Meeting Notes

Present: Kay Azuma (CCC), Tom Davisson (CCC), Nancy Jernigan (UW), Marla Mills (UW), Charlotte Craig (County Health), Jaime Bollinger (CCC), Jim Maginel (SE Regional Support Center), Roy Jones (CCC), Cheryl Klueppel (Red Cross), Denise Wimp (FCFH), LaDonna Wills (SE Hosp Generations), Jim Watkins (Success by 6) and Denise Stewart (Girl Scouts)

Lunch was provided by Community Caring Council. Group was welcomed by Kay Azuma. Introductions were made. Several chairs were unable to attend, but all councils and subcommittees were represented.

Kay Azuma noted the handouts given:

- Agenda
- Minutes (07-22-05)
- Transportation Town Hall meeting flyer
- Request for Funding Form
- Community Plan Logo
- November Family Fun and Activities Calendar
- Revised Community Resource Card
- Results from Community Awareness Survey
- 40 Assets – “50 Ways to Show Kids You Care”

Progress Reports from Councils and Subcommittees

TRANSPORTATION – Kay Azuma for Jeff Brune

- Kay referred to the schedule of Town Hall meetings (Nov 8-10) to present recommendations to the community (city and county) from MODOT's recent transportation assessment.
- 3 dates and places, transportation can be scheduled with Cape County Transit
- Very important to get the word out and have a good showing of clientele in need of public transportation
- Will need a tax increase at the county level, 70% survey responses indicated a willingness to approve

SUBSTANCE ABUSE – Marla Mills for Scott Doty (adult)
Jim Maginel (youth)

- 2 groups have been meeting together because plans do overlap.
- Plan strategies do focus on adults who have youth in their care because of the impact of adult use and abuse on youth.
- Adult committee subgroup - Steve Narrow, Jim Ray and Scott Doty met and developed a list of gaps in services.
 - Lack of beds locally
 - Insurance issues – lack of SA coverage, reluctance of some people to use insurance, low level of coverage, etc.
 - Transportation to get to services
- Working on indicators to be measured – Scott has a contact form Division of Alcohol and Drug Abuse in Jeff City, Kay is supposed to make contact
- Campus and Community Coalition for Change at SEMO University just promoted Alcohol Awareness Week on campus with an Alcohol IMPACT PANEL. A 21-year old named Chad from Perryville told his story (via video with Amy Jaquin) about his drunk driving experience when he killed his best friend. A panel discussion followed. University athletes and Greek students were required to attend. Our committee helped to promote attendance among local high school youth. Jim thought at least 300 high school students did attend.
- We are trying to blend the work of the campus group, YSAC and the PIC committees and hope to write a collaborative grant in the future.

ACCESS TO AFFORDABLE MEDICAL CARE

DENTAL – Charlotte Craig for Deborah Gerecke

- Dental screenings completed at 4 schools
 - 873 students with 94 referrals
 - 24 urgent
 - Letter to parents included list of MC providers
 - Health Dept staff to follow up with phone calls
- Dental screenings completed at 4 day cares
 - 193 students with 18 referrals
 - 1 urgent
 - No one kept track of referrals
 - Christy Sprengel from Health Dept will help next time
- Letter from Coalition to school nurses and dentists
- Planning screening event in Feb for “Give Kids a Smile”
 - Possibly at Cross Trails on a Saturday
- Fluoride Varnish contract with state Oral Health – meeting next week at Health Dept to train nurses

PRIMARY CARE – Nancy Jernigan for Judy Aslin and Tyler Hedden

- Lots of discussion - recognize access to primary care home needs to be improved
- 2 hospitals and Cross Trails are engaged
- Identified faults in system set up to serve emergency room patients who need follow-up care, but are NLD – No Local Doctor.
- Will survey 8-10 local clinics about their treatment to NLD patients
- Also discussing access to affordable RX drugs.
- Identified a need for full time social worker/case manager in emergency room
- Also planning a media campaign – Sara Higson from Cross Trails tracking available resources
- Looking at replicating Cross Trail's model for diabetes maintenance program for primary care
- Will meet again on Nov 22 at noon at Cross Trails

MENTAL HEALTH – Nancy Jernigan for Barb Mayfield

- Discussing DMH's System of Care, very similar to previous Interagency Staffing Team. Barb Emmendorfer noted she has recently had several students with multiple needs and no where to find integrated services.
- Group will explore reinstating some type of staffing team, possibly working through Family Transition Team and Laura Baugh, Community Case Manager
- COAD group (Community Organizations Active in Disasters) met recently re: hurricane – more needs than just mental health; need to coordinate system of communication for better access to all needed services.
- Want to improve continuum of mental health service delivery
- United Way's Family Support Initiative is providing an after school program for Cape 5-8th grades.
 - Program going very well, almost at capacity
 - Implemented by Boys and Girls Club
 - Will include Parenting Classes
 - Limited support program also offered to Jefferson School
 - Little to no response
 - Rethinking approach and additional P.R.
 - Will use this group as a pilot project for mental health outcomes
 - Looking at risk factors, keep parents in the loop, offer Family Assessment, but do not require it for participation
- Getting ready to survey mental health providers re: services and gaps in our community

FAMILY ISSUES

HOUSING – Roy Jones

- Thanks to Kay's help, a Housing Plan has been written and was presented to the Housing Needs Committee this week.
 - 5 short term outcomes
- Committee will formally approve Plan at next meeting.
- MO Housing Trust Fund Grant renewal submitted
 - Asking for \$75,000 for rental deposit and utility deposits
 - Asking for \$10,000 for home repair for seniors
- Also submitted request to Cape County Senior Services Board for additional home repair money
 - Income guidelines – below 50% median income
 - Repairs to make homes safe and functional
 - Grant money for materials only
 - Labor through church youth and youth leaders – intergenerational relationships
- Homeless Awareness Week in November
 - Last year: mayor's proclamation, news articles, CCC's Annual Conference with over 120 attending
 - This year: hope to do a homeless display at West Park Cine – agencies are asking clients to decorate appliance boxes to portray homelessness
 - HOMELESS Day at the Capitol – collecting used shoes to cover Capitol steps to show that most of the homeless are children and women. Committee collecting shoes and several members are planning to attend.

INDEPENDENT LIVING – Cheryl Klueppel

- Plan presented to Aging Committee in August; was approved
- Aging Committee will serve as the Independent Living Committee
- Senior Safety Committee – 86 households received 244 safety and security items on Sept 24
- Monthly meetings serve to educate agencies and senior citizens
 - September – Health Dept shared Disaster Preparedness
 - October - Representatives Lipke and Copper talked about abuse/exploitation, budget, Medicare Rx program, etc
 - Senior Calendar in TBY newspaper and on CCC website
 - Matrix of Senior services completed
 - Aging Task Force in the process of writing grant to provide in-home services to those who do not qualify for Medicaid/Medicare
 - Examples of identifying and addressing gaps
 - Alzheimer and Elder Care – Brain Experience for those experiencing minor memory loss; movement toward brain health, 14 participants so far
 - Regional Arthritis Center and Fitness Plus – Ti Chi for arthritis patients

PARENT AND COMMUNITY EDUCATION – Reba Barkley

- Divided into 3 Short Term Outcome (STO) Groups
- STO #1 – resource information and dissemination
 - Family Fun and Learning Activities Calendar developed
 - Maintained by CCC's social work intern
 - Volunteer agencies make copies, increasing dissemination points.
 - Revised Community Resource Card shared
 - Also online at www.communitycaringcouncil.org
 - Group has decided not to produce a Family Resource Guide
 - Instead will help to promote First Call for Help online
- STO #2 – unmet needs in area of parent and community education
 - Community Awareness Survey implemented at Back to School Fair on July 28
 - 185 completed surveys
 - Hispanic version also – only 1 respondent
 - Great response from agencies and residents to “Community Resource Answer Card” given to survey participants so that they would be aware of local resources.
 - Lots of people know about Health Dept, BirthRight and Children’s Division.
 - Little recognition of Cross Trails Medical Center
 - Group has since revised card to include more information and does not reference the survey questions.
 - Cape Schools printed and distributed cards to all K-8 students
 - Working with Jackson Chamber and Scott City schools also.
- STO # 3 – Looking at programs with successful outcomes
 - Will monitor 6 Family Development type programs
 - Building Strong Families (MO Extension and CCC),
 - Al's Pals (daycares)
 - Parenting Program (MO Mentoring Partnership)
 - Parenting Skills Inventory (New Vision Counseling)
 - Parenting Basics (Lutheran Family and Children Services)
 - Grandparenting Support Group (Comm Couns Center)
 - Will look at what's good and what works, what needs to be changed, etc.
 - Asking for semi-annual evaluations; will offer \$50 to agency as incentive for providing program information and outcomes.
 - Hope to establish baseline criteria from these existing programs to evaluate other programs
 - “Education” for parents and families is the key

SELF-SUFFICIENCY – Denise Wimp and Nancy Jernigan

- Group would like to gather more direct information from and about low income families
- Planning 2 focus groups to gather this information
 1. Front-line case workers who work directly with low income families
 2. Community residents who are struggling to be self-sufficient
- Plan will target “people who have the ability to be self-sufficient
- Cheryl offered the expertise of the Aging Committee members to help with the focus groups.
- Next meeting Nov15 at 3pm at EMAA

YOUTH DEVELOPMENT – Denise Stewart

- Group is established and running smoothly
- Reworked time line; amended strategies
- Submitted funding requests to UW – granted \$13,000. CCC will also provide some funding
- Focus on 40 Developmental Assets
- Attitudes and Behavior Surveys given to 650 Cape and Jackson 7th and 8th graders in September; waiting for analysis
- Event with Search Institute speaker Sue Allen on Oct 20 served as a great introduction to the assets to 60 community leaders representing 16 different sectors
- Now planning a large conference in March – will serve as the annual CCC conference
- 5 committee reps going to Search Institute’s national conference for Healthy Communities, Healthy Youth next week in Dallas.
- Barriers – time constraints of committee members, looking for additional members
- Video with PSA’s from St. Joe, MO shared. We are looking for corporate sponsors to adapt these clips locally.
- LaDonna commented that 9 years ago, Generations sponsored a speaker from the Search Institute.
- Comments about including pastors, and especially the youth ministers

Next Meeting

This meeting of chairs will be held quarterly. We will meet again on Friday, January 27, 2006. Kay reminded the chairpersons to make funding requests in writing to the Council as soon as possible.

Meeting notes transcribed by Kay Azuma