

**COMMUNITY CARING COUNCIL**  
**Community Plan Quarterly Meeting**  
**Priority Issue Council and Sub-Committee Chairs**  
**Friday, July 22, 2005**  
**11:30 a.m.**

**Meeting Notes**

Present: Kay Azuma (CCC), Tom Davisson (CCC), Nancy Jernigan (UW), Marla Mills (UW), Jane Wernsman (County Health), Paul Schniedermeier (DMH), Jim Maginel (SE Regional Support Center), Natalie Sandoval (CCC), Cheryl Klueppel (Red Cross), Denise Wimp (FCFH), Reba Barkley (SEMO University) and Donna Taake (University Extension)

Lunch was provided by Community Caring Council. Group was welcomed by Nancy Jernigan. Introductions were made. Several chairs were unable to attend, but all councils and subcommittees were represented.

Kay Azuma noted the handouts given:

- Meeting notes from 04-22-05
- New organizational chart of Priority Issue Councils with all chairs and co-chairs listed.
- Hard copy of Quarterly Report
- July Family Fun and Learning Activities Calendar

**Progress Reports from Councils and Subcommittees**

**TRANSPORTATION** - Nancy Jernigan for Jeff Brune

- This council not yet convened, waiting for MODOT's transportation study to give its recommendations
  - Phone surveys, written surveys, provider surveys, assessment of resources complete
  - Recommendations will include a fixed route along with some door to door and after-hours service
  - Will need a tax increase at the county level, 70% survey responses indicated a willingness to approve
  - Town hall meetings coming this fall for public input
- Jeff Brune (Cape County Transit) already implementing strategies
  - Talking to university and city providers in preparation for all funding to be funneled through County Transit
  - Trying to raise more revenue

- Nancy asked that we keep a file with transportation needs and client stories to help with a PR campaign when the tax increase goes to the voters. Kay asked that they encourage residents to attend the town hall meetings. Transportation will be provided and meetings will be held in lower-income areas.
- Need for this council to begin meeting before town hall meetings if possible. Group could help with PR. Tom suggested that a good time to meet would be after the August election for the Transportation Trust Fund (city of Cape will be under less pressure once that passes).

## **ACCESS TO AFFORDABLE MEDICAL CARE**

### **DENTAL** – Jane Wernsman for Deborah Gerecke

- Gathering data for baseline numbers
  - For 2004-05, 1632 dental screenings in schools –180 referrals, 24 received treatments
  - Survey showed 30 local dentists provided 2100 sealants
- Group has good representation – dental hygienist, Cross Trails, County Health, Head Start, 3 dentists, school nurse, health educator and Children’s Division
- At 1<sup>st</sup> meeting, participating dentists agreed to screen all Cape schools during 2005-06 school year (had not been done recently). Dental Hygiene group will screen preschoolers.
- Chair Deb Gerecke is active with Oral Health Network at the state level
  - Deb and Jane met with reps from MO Dept of Health and Senior Services this week about possible grant money after Sept 1.
  - State is to use our group as a pilot for other communities and will provide educational materials, fluoride varnish and media campaign assistance to us.
- Deb is a great person to chair this group, very enthusiastic, also wants to look at pre-natal and senior issues.

### **PRIMARY CARE** – Nancy Jernigan for Judy Aslin and Tyler Hedden

- 2 meetings, good representation: 2-3 private providers, 2 hospitals, Cross Trails, River City Health Clinic, Midtown Clinic, New Vision Counseling and a pharmacist
- Doctors feel that emergency rooms and Cross Trails adequately provide access to care. **Is it affordable?**
- Focus on education to promote having a “primary care home”
- Discussion to adapt the Cross Trail model for chronic illness to primary care where staff works 1:1 with patient, establishes routine schedule for care. Cross Trails is doing this with diabetes patients.

- Focus is on those without insurance and not on Medicaid (Cross Trails does serve this population, but may have to limit special services if funding decreases.)
- Cross Trails is considering adding a pharmacy.

**MENTAL HEALTH** – Paul Schniedermeyer for Barb Mayfield

- 3 meetings, reps include private and non-profit providers, school counselors
- Identifying early risk factors/setting up assessment process to identify students for a pilot group
- Collecting lists of private providers/non-profit providers to survey to create matrix of existing mental health services in this area
- Identifying mental health support groups
- Need a few more people – attempts to include a parent have failed thus far.

**SUBSTANCE ABUSE** – Marla Mills for Scott Doty (adult) and Jim Maginel (youth)

- 2 groups have been meeting together because plans do overlap.
- Originally plan was to target adults with children in their care because of the impact on youth. Too hard to isolate, decided to target all adults, but strategies are geared toward parents.
- Youth Substance Abuse Coalition (YSAC) with United Way grant money:
  - Sent letters to parents of students in 5 high schools in Dec/Jan re: risky behaviors
  - Youth UW members sent a peer-to-peer letter to fellow students at prom time
- Adult sub-group has identified unmet needs, next step is to prioritize and make recommendations to alleviate gaps.
- YSAC (Jim Maginel) completed assessment of youth programs related to substance abuse; evaluated and contacted providers re: effective principles
- YSAC collaborating with Campus and Community Coalition for Change (CCCC); have met to discuss grant opportunities, trying to overlap strategies and work together in the community through cross representation on both coalitions.
- YSAC just submitted a grant to expand what Community Trials grant is doing in Cape to include Scott City and Jackson.
- YSAC is readying a Prevalence and Prevention Manual for publication, contains local data and stories divided into chapters for educators, parents, daycare providers, coaches, etc. Chapter for parents will be handed out at Back to School Fair on July 28 at Salvation Army.

- Jim Maginel spoke later in reference to the manual. It was suggested that CD's of the manual also be distributed (cheaper than a printed book). Agencies could then copy the chapters relevant to their clients. It will also be posted online.
- Barriers – wordsmithing plan language; finding a good time for everyone to attend

## **FAMILY ISSUES**

### **HOUSING** – Natalie Sandoval for Roy Jones

- Housing Needs Committee has been in existence for several years and had written a plan of action in May 2003.
- Subcommittee from large group has had 3 meetings and is revisiting original plan, assessing progress and updating objectives and strategies. This plan will serve as a portion of the Family Issues Community Plan.
- 4 focus areas
  - transitional housing
  - improving substandard housing
  - educational awareness
  - home ownership
- Presently implementing a small survey among providers to track # of homeless in our community to help develop plan strategies and to verify need.
- Much discussion about strategies; group very enthusiastic
- Concerns - transforming ideas (strategies) into plan format

### **INDEPENDENT LIVING** – Cheryl Klueppel

- Aging Committee will serve as the Independent Living Committee
- Task Group met 4 times to write this section for the plan – Will Richardson, Carol Dippold, Janet Smith and Cheryl.
- Plan will be presented to the Aging Committee at their Annual Planning Retreat on August 10. Task Group will ask for feedback and revisions. Final plan will be formally approved at the September meeting of the Aging committee.
- Some strategies already in progress:
  - Senior Resource Directory – will get numbers on distribution from Ruth Dockins
  - Monthly educational programs at Aging Committee meetings
  - Networking among 63 committee members
  - Senior Calendar on Community Caring Council's website and in the TBY newspaper.
  - Senior Information Day on July 20 (5<sup>th</sup> annual). 91 attended and 13 agencies provided booths with educational materials. Jason Crowell was keynote speaker, then breakout sessions were offered

for the first time. Seniors could choose 2 out of 4, many wanted to do all:

- Identity Theft
- Prescription Programs
- Senior Services
- Police Issues
- Other subcommittees from Aging Committee
  - Senior Security Council – safety items for homes
  - Aging Issues Task Force – assessing gaps in home care services for those not on Medicaid who cannot afford private pay care; creating a matrix of senior services
- Plan focuses on senior and disabled populations

**SELF-SUFFICIENCY** – Denise Wimp and Nancy Jernigan

- LAN (Local Assistance Network) was created several years ago to address unmet needs and create a single point of entry for client assessment.
- LAN will be the Self-Sufficiency committee.
- Will look at definition of self-sufficiency and what barriers exist.
- In June, John McGowan from MERS talked about their education and job training programs and barriers, i.e. childcare. He said local stats are out there to document educational level, skill level, etc.
- Who's missing from the group? Consumer Credit Counseling....
- ROSIE – Regional Online Service Information Exchange – would be very helpful in tracking clients. This group hopes to get all targeted agencies involved soon.

**PARENT AND COMMUNITY EDUCATION** – Reba Barkley

- 3 meetings---25 members---3 subgroups for each Short Term Outcome (STO) of the plan
- STO #1 – resource information and dissemination
  - Family Fun and Learning Activities Calendar developed
    - Format changes, places to disseminate and guidelines for inclusion
    - Using Parenting Corners at present time, will expand
    - Volunteer agencies doing the copying
    - Go to [www.communitycaringcouncil.org](http://www.communitycaringcouncil.org) and click on News and Events, Family Fun and Learning Activities Calendar
    - Would like to get more agencies to enter their own events
  - After calendar is established, group will discuss resource guide
- STO #2 – looking at unmet needs
  - Community Awareness Survey will be implemented at the Back to School Fair on July 28 to find out how much parents know about available resources.

- STO # 3 – looking at effectiveness of Family Development Programs, especially those funded by UW grants last year
  - Not limited to just those, will look to others that satisfy diverse needs
  - Establishing criteria for database to evaluate outcomes
- SE Missourian newspaper had a good article on the family calendar – want to pursue regular publication of monthly calendar in the free Wednesday edition
- STO groups to have plan revisions finalized by September meeting

### **YOUTH DEVELOPMENT** – Donna Taake

- 3 meetings, 12-15 participants
- Focus on 40 Developmental Assets – not a program, but an attitude about building positive relationships with youth
- Working on timeline to culminate in a large community-wide conference in March 2006
- Accomplishments
  - Cape and Jackson schools have both committed to implementing Attitudes and Behaviors survey in September and will use the passive parental permission. This is a victory for the committee as there were some concerns and reluctance to approve our request among school administrators.
  - UW Board approved a budget for this committee - \$13,000 and Community Caring Council will pay \$3500 for the cost of survey implementation and analysis.
- Working on community stakeholder buy-in/attendance at an event on Oct 20 to introduce community to the Asset Initiative. There will be 2 sessions, 9-11am at Cape Library and 2-4pm at Jackson Extension Office. We hope to see 30-40 people at each session.
- Working on a name and logo—would like a logo that could be used for the entire Community Plan. Look at logo being used on Substance Abuse Prevention Manual.

### **Reporting Forms**

Kay Azuma briefly reviewed use of 3 forms –

- (1) Quarterly Report – electronic format (due end of Jul, Oct, Jan and Apr)
- (2) Progress Report (when strategies are completed)
- (3) Request to Modify Report ( when changes to plan are made)

Forms 2 and 3 will also be available in electronic format soon. Kay asked the group for feedback on using the forms. No problems were noted. Kay

requested that each chair submit their Quarterly Reports via email as soon as possible.

There was a brief discussion on overlapping plan strategies. It was the consensus of the group that there were lots of areas where partnering would be beneficial, but that there was very little duplication of efforts among the committees.

### Closing

Tom thanked everyone for all the work the committees are doing. He has talked with Matt at MFH and shared our Community Plan and Organizational Chart. Matt is very impressed with the Council's work. The Council has just applied for a Basic Support grant to provide additional space in our building for committees to meet and to provide an additional staff person to help manage the committees. Over 150 proposals had already been received, so we are one of many agencies asking for funding. We should hear the outcome in November. Tom thinks we have a wonderful basis to apply for a large prevention-oriented grant addressing several areas in the community plan. It was suggested that Matt be invited to attend some of our committee meetings.

**Kay Azuma reminded the group that their groups need to really focus on establishing baseline data for the indicators listed. If data is not available, groups will either need to collect their own, or change indicators to something that is readily available. If we fail to establish baselines and track data to show plan progress, then none of the work we are doing will have any meaning to the community at large. SO ---- focus on data this next quarter!**

### Next Meeting

This meeting of chairs will be held quarterly. We will meet again on Friday, October 22, 2005.

Meeting notes transcribed by Kay Azuma