

# THRIVE



TEACH, HOPE, REACH, INVOLVE, VALUE, ENCOURAGE  
40 DEVELOPMENTAL ASSETS

## 40 DEVELOPMENTAL ASSETS COMMUNITY NEWSLETTER

Volume 2, Issue 1



Fall 2007

### Community Partners

Area Residents (Youth & Adult)  
Big Brothers Big Sisters  
Boys and Girls Club  
Cape Area Family Resource Center  
Cape Girardeau Chamber of Commerce  
Cape Girardeau Police Department  
Cape Girardeau Public Library  
Cape Girardeau Public Schools  
Child Care Resource and Referral  
Community Caring Council  
Court Appointed Special Advocates  
Girl Scouts of Otahki Council  
Jackson Public Schools  
Lutheran Family and Children Services  
Missouri Mentoring Partnership  
Perry County Task Force  
Safe House for Women  
Southeast Hospital  
Southeast Regional Support Center  
Sylvan Learning Center  
United Way of Southeast Missouri  
University of Missouri Extension  
Workforce Investment Board

## 1st Annual Asset Celebration

THRIVE hosted the 1st Annual Asset Celebration on Friday, August 10, 2007 at the Osage Center.

Approximately 250 people enjoyed this free family-friendly event that included carnival style games, Dance Dance Revolution, face painting, and food.

Jackson Mayor Barbara Lohr, Central Junior High School Principal Roy Merideth, and Cape Girardeau Police Officer Richard Couch served as guest readers for the event. Children and adults alike enjoyed listening to "Don't Let the Pigeon Drive the Bus", "Brown Bear, Brown Bear, What Do You See?" and other children's favorites.

Jason Lindsey, the Science Guy, wowed the crowd with several simple science experiments using everyday items like ivory soap, toilet paper, and potatoes.

The highlight of the evening was recognizing Asset Builders from our own community. Over 200 nominations were submitted including family members, educators, students, and other adult role models from our community. Congratulations to our winners:

- ◆ Nacoasha Davis
- ◆ Lawanda Stewart
- ◆ Lee Spencer
- ◆ Cathy Huskey
- ◆ Central Junior High School

THRIVE would like to thank our volunteers, sponsors, and everyone who attended the celebration! We appreciate the part you played in making our 1st Annual Asset Celebration so successful!

Photo at right:

Jason Lindsey demonstrates that "Science is Cool!" during the Asset Celebration on August 10.



## What's Ahead...

**THRIVE** Join us for the next THRIVE meeting!



Tuesday, November 20 at 8:30am  
 Girl Scout Office (1432 Kurre Lane)

**New members are always welcome!**

If your organization, school, business, or group is interested in FREE training on the 40 Developmental Assets, contact Stacy Taylor at (573) 651-3747 ext. 118 or THRIVE@communitycaringcouncil.org.

Training is available in 2, 4, or 8 hour increments, depending on your level of interest, and can be tailored to fit the mission of your group.

If you have already been introduced to assets in one of our two-hour sessions, watch the next newsletter for opportunities to take your knowledge of assets to the next level.

## ASSETS IN THE HOME AND COMMUNITY

*In every newsletter, we will highlight an ASSET for you and your family to share.*

### Asset #32

**Planning and Decision Making:  
 Young person knows how to plan ahead and make choices.**

According to the asset assessment\* completed in 2005, only 29% of Cape and Jackson 7th and 8th graders report having this asset.

### How to Build THIS Asset

#### Parents

- Help your youth set realistic short and long-term goals, and talk about their progress.
- Hold family planning meetings regularly.
- Invite family members to share their upcoming activities and coordinate schedules as needed.
- Teach youth how to use a to-do list and prioritize tasks and projects.

#### Schools

- Use class assignments as opportunities to teach organizational skills. For example, when assigning a project, break down the assignment by task, assign due dates for each step, and provide a checklist for students.
- Discuss career planning, and ask students about current choices they are making that may affect a desired career path.

*\*Search Institute Profiles of Student Life: Attitudes and Behaviors Survey was administered to 620 Cape Girardeau and Jackson Public Schools 7th and 8th graders in September 2005.*

## ASSETS IN ACTION! Jackson Jr High

The students and faculty at Jackson Junior High School are busy building assets on campus this fall!

Approximately 500 parents ate lunch with JJHS students on October 5 during the 2nd Annual Lunch Reservations, hosted by the Student Council. Brats and hamburgers were prepared and sold by the Tech Hounds to raise money for the United Way.

In addition to existing activities like Lunch Reservations, the school is also implementing new ideas, including Positive Referrals and a student advisory committee called "SOS".

JJHS students can receive a Positive Referral for acts of kindness, improved grades, or other exemplary behavior. Faculty members document the act or behavior on a Positive Referral form and submit it to the office. Principal Cory Crosnoe mails a copy of the referral and a letter to the student's parents and his or her name appears in the Tee Pee Times newspaper.

Each student who receives a positive referral is entered into a drawing held at the end of a six-week period. The

winner gets a \$30 gift certificate from the location of his or her choice.

"SOS" (Support Our School) is a new student advisory committee at Jackson Junior High that will focus on building developing assets on campus.

SOS committee members are:  
**Nicholas Barna, Allison Baugh, Shelly Bodenstein, Taylor Bollinger, Kimberly Crossett, Tyler Gholson, Holly Hurst, Andrea James, Shelby Kate McCord, Tori Parry, Don Perry, and Crystal Roark.**

SOS meets for two hours each month with Laura Baugh (JJHS Social Worker), Stacy Taylor (Asset Coordinator), and David Hines (THRIVE member).

"SOS" is a Youth United Way grant recipient. These funds will allow the committee to plan and implement student-led asset building activities and programs. SOS has already produced some brilliant ideas and will be instrumental in increasing intentional asset development in Jackson.

**Keep up the GREAT work, Jackson Junior High!**



*Search Institute has identified the following building blocks of healthy development that help young people grow up healthy, caring and responsible.*



### External Assets

- 1. Family Support**—Family life provides high levels of love and support.
- 2. Positive Family Communication**—Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents.
- 3. Other Adult Relationships**—Young person receives support from three or more nonparent adults.
- 4. Caring Neighborhood**—Young person experiences caring neighbors.
- 5. Caring School Climate**—School provides a caring, encouraging environment.
- 6. Parent Involvement in Schooling**—Parent(s) are actively involved in helping young person succeed in school.
- 7. Community Values Youth**—Young person perceives that adults in the community value youth.
- 8. Youth as Resources**—Young people are given useful roles in the community.
- 9. Service to Others**—Young person serves in the community one hour or more per week.
- 10. Safety**—Young person feels safe at home, school, and in the neighborhood.
- 11. Family Boundaries**—Family has clear rules and consequences and monitors the young person's whereabouts.
- 12. School Boundaries**—School provides clear rules and consequences.
- 13. Neighborhood Boundaries**—Neighbors take responsibility for monitoring young people's behavior.
- 14. Adult Role Models**—Parent(s) and other adults model positive, responsible behavior.
- 15. Positive Peer Influence**—Young person's best friends model responsible behavior.
- 16. High Expectations**—Both parent(s) and teachers encourage the young person to do well.
- 17. Creative Activities**—Young person spends three or more hours per week in lessons or practice in music, theater, or other arts.
- 18. Youth Programs**—Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community.
- 19. Religious Community**—Young person spends one or more hours per week in activities in a religious institution.
- 20. Time at Home**—Young person is out with friends "with nothing special to do" two or fewer nights per week.

### Internal Assets

- 21. Achievement Motivation**—Young person is motivated to do well in school.
- 22. School Engagement**—Young person is actively engaged in learning.
- 23. Homework**—Young person reports doing at least one hour of homework every school day.
- 24. Bonding to School**—Young person cares about her or his school.
- 25. Reading for Pleasure**—Young person reads for pleasure three or more hours per week.
- 26. Caring**—Young person places high value on helping other people.
- 27. Equality and Social Justice**—Young person places high value on promoting equality and reducing hunger and poverty.
- 28. Integrity**—Young person acts on convictions and stands up for her or his beliefs.
- 29. Honesty**—Young person "tells the truth even when it is not easy."
- 30. Responsibility**—Young person accepts and takes personal responsibility.
- 31. Restraint**—Young person believes it is important not to be sexually active or to use alcohol or other drugs.
- 32. Planning and Decision Making**—Young person knows how to plan ahead and make choices.
- 33. Interpersonal Competence**—Young person has empathy, sensitivity, and friendship skills.
- 34. Cultural Competence**—Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.
- 35. Resistance Skills**—Young person can resist negative peer pressure and dangerous situations.
- 36. Peaceful Conflict Resolution**—Young person seeks to resolve conflict nonviolently.
- 37. Personal Power**—Young person feels he or she has control over "things that happen to me."
- 38. Self-Esteem**—Young person reports having a high self-esteem.
- 39. Sense of Purpose**—Young person reports that "my life has a purpose."
- 40. Positive View of Personal Future**—Young person is optimistic about her or his personal future.

*For more information about Search Institute and the 40 Developmental Assets, please visit:*  
[www.search-institute.org](http://www.search-institute.org)



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Interested in becoming a part of  
**THRIVE?**

**Contact:**

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[THRIVE@communitycaringcouncil.org](mailto:THRIVE@communitycaringcouncil.org)

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