

Appendices

There are four appendices included in this report.

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- Appendix A** A list of all survey items with response option percentages by total sample, by gender, and by grade level
- Appendix B** Item mapping to assets, deficits, risk-taking behaviors, high-risk behavior patterns, and thriving indicators
- Appendix C** A bibliography of the theory and research undergirding Search Institute's framework of Developmental Assets
- Appendix D** Search Institute asset-promoting print and video resources

Appendix A

All Survey Items by Gender and Grade

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
1. Age									
11 or younger	0	1	0	1	0				
12	34	33	35	68	0				
13	47	48	46	30	64				
14	17	15	18	1	32				
15	2	3	1	0	3				
16	0	0	0	0	0				
17	0	0	0	0	0				
18	0	0	0	0	0				
19 or older	0	0	0	0	0				
2. Grade in school									
5th	0	0	0	0	0				
6th	0	0	0	0	0				
7th	50	50	49	100	0				
8th	50	50	51	0	100				
9th	0	0	0	0	0				
10th	0	0	0	0	0				
11th	0	0	0	0	0				
12th	0	0	0	0	0				
3. Gender									
Male	51	100	0	51	51				
Female	49	0	100	49	49				
4. Race / ethnicity									
American Indian	5	6	5	7	4				
Asian or Pacific Islander	1	2	0	1	1				
Black or African American	15	13	16	18	12				
Hispanic	2	2	3	4	1				
White	68	70	67	62	74				
Multi-racial	8	8	8	9	8				
5. Which best describes your family?									
I live with two parents	64	68	60	61	67				
I live in a one-parent family with my mother	18	13	24	20	17				
I live in a one-parent family with my father	3	3	3	2	4				
Sometimes I live with my mother and sometimes with my father	14	16	13	16	12				
How important is this to you in your life?									
6. Helping other people									
Not important	1	2	1	1	2				
Somewhat important	13	16	9	16	10				
Not sure	11	14	7	10	11				
Quite important	48	48	48	46	50				
Extremely important	27	20	35	27	28				
7. Helping to reduce hunger and poverty in the world									
Not important	4	5	2	3	5				
Somewhat important	12	14	10	13	12				
Not sure	26	32	20	25	28				
Quite important	27	24	30	26	28				
Extremely important	31	24	38	34	28				
8. Helping to make the world a better place in which to live									
Not important	3	5	1	3	4				
Somewhat important	10	12	8	10	10				
Not sure	17	19	15	15	19				
Quite important	28	27	28	24	31				
Extremely important	42	37	48	48	36				

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
How important is this to you in your life?										
9. Being religious or spiritual										
Not important	10	10	9	10	10					
Somewhat important	10	11	9	12	8					
Not sure	15	14	16	18	12					
Quite important	23	25	22	22	25					
Extremely important	43	41	44	39	45					
10. Helping to make sure that all people are treated fairly										
Not important	2	3	1	1	4					
Somewhat important	8	11	6	9	8					
Not sure	11	15	8	9	14					
Quite important	42	42	42	42	42					
Extremely important	36	29	44	40	33					
11. Getting to know people who are of a different race than I am										
Not important	5	8	2	6	4					
Somewhat important	12	15	8	11	13					
Not sure	17	19	15	16	18					
Quite important	38	36	40	36	39					
Extremely important	29	22	36	31	26					
12. Speaking up for equality (everyone should have the same rights and opportunities)										
Not important	2	4	0	2	3					
Somewhat important	9	11	7	10	8					
Not sure	13	19	8	12	15					
Quite important	30	31	30	27	34					
Extremely important	45	36	55	49	41					
13. Giving time or money to make life better for other people										
Not important	5	9	2	5	5					
Somewhat important	15	19	10	15	14					
Not sure	22	28	16	20	25					
Quite important	37	30	44	39	35					
Extremely important	21	14	27	21	21					
14. Doing what I believe is right even if my friends make fun of me										
Not important	5	8	2	5	5					
Somewhat important	7	9	6	6	9					
Not sure	15	20	11	16	15					
Quite important	32	28	36	25	39					
Extremely important	40	36	44	48	32					
15. Standing up for what I believe, even when it's unpopular to do so										
Not important	4	5	3	4	4					
Somewhat important	9	11	9	10	9					
Not sure	17	20	15	20	16					
Quite important	30	29	30	27	32					
Extremely important	39	35	43	40	38					
16. Telling the truth, even when it's not easy										
Not important	4	6	2	5	4					
Somewhat important	11	14	8	12	10					
Not sure	15	16	13	12	18					
Quite important	38	38	38	32	43					
Extremely important	32	26	38	39	25					

All Survey Items by Gender and Grade

(Cont'd)

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
How important is this to you in your life?									
17. Accepting responsibility for my actions when I make a mistake or get in trouble									
Not important	4	7	1	4	4				
Somewhat important	9	9	8	9	8				
Not sure	15	16	13	15	14				
Quite important	40	38	42	37	42				
Extremely important	33	29	36	35	31				
18. Doing my best even when I have to do a job I don't like									
Not important	3	5	1	5	2				
Somewhat important	10	10	10	10	10				
Not sure	15	15	14	11	19				
Quite important	37	37	37	36	38				
Extremely important	35	32	37	37	32				
19. On an average school day, about how much time do you spend doing homework outside of school?									
None	4	6	1	3	5				
Half hour or less	18	22	13	19	16				
Between half an hour and an hour	32	30	34	28	36				
1 hour	19	18	21	18	20				
2 hours	21	19	22	23	19				
3 hours or more	7	6	8	9	5				
20. What grades do you earn in school?									
Mostly As	23	21	26	22	25				
About half As and half Bs	36	34	38	37	34				
Mostly Bs	10	10	10	11	9				
About half Bs and half Cs	20	22	18	20	20				
Mostly Cs	4	4	4	5	3				
About half Cs and half Ds	5	7	3	3	7				
Mostly Ds	1	2	0	0	2				
Mostly below Ds	1	2	1	1	1				
How often does one of your parents . . . ?									
21. Help you with your school work									
Very often	27	31	22	32	21				
Often	25	23	28	25	25				
Sometimes	30	29	31	28	32				
Seldom	13	12	15	10	17				
Never	5	5	4	5	5				
22. Talk to you about what you are doing in school									
Very often	33	32	33	35	31				
Often	28	33	24	29	27				
Sometimes	21	18	24	19	24				
Seldom	11	9	12	9	12				
Never	7	8	6	9	6				
23. Ask you about homework									
Very often	60	63	58	62	58				
Often	21	20	22	20	21				
Sometimes	10	8	13	10	11				
Seldom	5	5	4	5	4				
Never	4	5	3	3	5				
24. Go to meetings or events at your school									
Very often	22	22	23	23	22				
Often	21	21	21	21	21				
Sometimes	26	24	27	26	25				
Seldom	16	14	18	14	18				
Never	14	18	11	16	13				

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
25. At school I try as hard as I can to do my best work										
Strongly agree	41	38	46	44	39					
Agree	43	44	41	43	43					
Not sure	11	12	10	10	13					
Disagree	3	4	2	3	4					
Strongly disagree	1	2	1	1	2					
26. My teachers really care about me										
Strongly agree	21	19	22	26	16					
Agree	34	32	38	33	35					
Not sure	32	34	31	31	34					
Disagree	7	8	6	6	8					
Strongly disagree	6	8	3	5	7					
27. It bothers me when I don't do something well										
Strongly agree	40	37	44	41	40					
Agree	35	32	40	36	35					
Not sure	13	15	10	12	14					
Disagree	7	9	5	6	8					
Strongly disagree	4	7	2	5	4					
28. I get a lot of encouragement at my school										
Strongly agree	14	13	15	18	10					
Agree	34	30	39	30	38					
Not sure	30	30	29	27	32					
Disagree	17	19	14	17	16					
Strongly disagree	5	8	3	7	4					
29. Teachers at school push me to be the best I can be										
Strongly agree	24	25	23	33	16					
Agree	37	33	42	32	42					
Not sure	25	25	25	24	27					
Disagree	8	8	8	7	9					
Strongly disagree	6	9	2	4	7					
30. My parents push me to be the best I can be										
Strongly agree	63	63	62	64	61					
Agree	24	24	24	22	26					
Not sure	9	7	10	9	9					
Disagree	2	3	2	3	2					
Strongly disagree	2	3	2	2	2					
31. During the last four weeks, how many days of school have you missed because you skipped or "ditched?"										
None	85	85	86	84	86					
1 day	9	7	11	11	7					
2 days	2	3	2	2	3					
3 days	2	3	1	2	2					
4 - 5 days	1	1	0	1	0					
6 - 10 days	0	1	0	1	0					
11 or more days	0	0	0	0	1					
How often do you . . . ?										
32. Feel bored at school										
Usually	44	53	36	43	46					
Sometimes	52	43	61	52	52					
Never	3	4	3	5	2					
33. Come to classes without bringing paper or something to write with										
Usually	5	6	4	6	4					
Sometimes	29	38	20	34	25					
Never	66	56	77	61	71					

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
How often do you . . . ?										
34. Come to classes without your homework finished										
Usually	10	14	5	7	13					
Sometimes	51	50	52	50	52					
Never	39	36	43	43	35					
35. Come to classes without your books										
Usually	7	10	4	7	7					
Sometimes	39	40	38	39	39					
Never	54	50	58	53	54					
36. On the whole, I like myself										
Strongly agree	41	48	34	41	42					
Agree	42	39	45	42	42					
Not sure	12	9	16	12	12					
Disagree	3	3	3	3	3					
Strongly disagree	2	2	2	2	2					
37. It is against my values to drink alcohol while I am a teenager										
Strongly agree	60	57	62	65	53					
Agree	17	19	16	14	21					
Not sure	12	12	12	12	13					
Disagree	6	7	5	5	7					
Strongly disagree	5	5	5	4	6					
38. I like to do exciting things even if they are dangerous										
Strongly agree	19	26	11	20	17					
Agree	28	35	22	27	30					
Not sure	25	21	29	25	25					
Disagree	15	10	20	14	15					
Strongly disagree	13	9	17	14	13					
39. At times, I think I am no good at all										
Strongly agree	10	8	11	10	9					
Agree	22	19	26	25	19					
Not sure	22	25	21	21	25					
Disagree	25	27	23	24	27					
Strongly disagree	20	21	19	20	21					
40. I get along well with my parents										
Strongly agree	39	39	40	45	35					
Agree	37	38	37	34	41					
Not sure	15	15	15	14	16					
Disagree	7	7	7	6	7					
Strongly disagree	2	2	2	2	2					
41. All in all, I am glad I am me										
Strongly agree	51	54	49	57	46					
Agree	30	30	31	26	35					
Not sure	13	10	14	12	13					
Disagree	3	3	3	2	4					
Strongly disagree	3	2	3	3	2					
42. I feel I do not have much to be proud of										
Strongly agree	8	8	6	7	8					
Agree	11	11	12	11	12					
Not sure	16	18	15	17	16					
Disagree	27	27	27	22	32					
Strongly disagree	38	36	40	44	33					

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
43. If I break one of my parents' rules, I usually get punished										
Strongly agree	31	31	31	33	28					
Agree	40	42	39	40	41					
Not sure	17	17	16	15	19					
Disagree	10	8	11	10	9					
Strongly disagree	2	2	2	2	2					
44. My parents give me help and support when I need it										
Strongly agree	55	54	56	58	51					
Agree	31	32	30	29	33					
Not sure	9	8	10	8	10					
Disagree	3	4	2	3	4					
Strongly disagree	2	3	1	2	2					
45. It is against my values to have sex while I am a teenager										
Strongly agree	51	38	64	52	49					
Agree	12	13	11	11	13					
Not sure	16	20	13	16	16					
Disagree	9	10	7	7	11					
Strongly disagree	12	19	6	15	11					
46. In my school there are clear rules about what students can and cannot do										
Strongly agree	48	48	49	56	41					
Agree	38	37	39	33	43					
Not sure	8	10	7	6	11					
Disagree	3	2	4	3	4					
Strongly disagree	2	3	1	2	2					
47. I care about the school I go to										
Strongly agree	26	20	33	28	23					
Agree	38	38	38	40	36					
Not sure	23	27	18	20	26					
Disagree	8	9	6	7	8					
Strongly disagree	6	6	5	6	6					
48. My parents often tell me they love me										
Strongly agree	63	58	69	68	58					
Agree	26	29	22	23	28					
Not sure	6	8	3	5	6					
Disagree	4	3	5	3	5					
Strongly disagree	2	1	2	1	2					
49. In my family, I feel useful and important										
Strongly agree	43	41	45	46	40					
Agree	30	34	26	27	32					
Not sure	18	17	20	18	18					
Disagree	6	7	5	6	6					
Strongly disagree	3	2	4	3	3					
50. Students in my school care about me										
Strongly agree	20	14	26	20	20					
Agree	36	34	39	36	37					
Not sure	32	36	28	33	31					
Disagree	7	8	5	6	8					
Strongly disagree	5	8	2	6	4					
51. In my family, there are clear rules about what I can and cannot do										
Strongly agree	50	47	53	52	48					
Agree	35	37	33	33	38					
Not sure	11	11	12	12	10					
Disagree	3	4	2	3	3					
Strongly disagree	1	1	0	1	1					

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
52. In my neighborhood, there are a lot of people who care about me										
Strongly agree	19	18	22	21	17					
Agree	26	25	26	26	26					
Not sure	34	35	34	32	36					
Disagree	10	9	11	10	11					
Strongly disagree	10	13	7	11	10					
53. At my school, everyone knows that you'll get in trouble for using alcohol or other drugs										
Strongly agree	53	54	53	59	48					
Agree	23	21	26	17	29					
Not sure	12	13	12	13	12					
Disagree	4	4	4	3	5					
Strongly disagree	7	8	5	7	7					
54. If one of my neighbors saw me do something wrong, he or she would tell one of my parents										
Strongly agree	30	28	34	32	29					
Agree	27	28	26	27	27					
Not sure	30	31	30	31	30					
Disagree	6	5	6	5	7					
Strongly disagree	6	8	4	5	7					
During the last 12 months, how many times have you . . . ?										
55. Been a leader in a group or organization										
Never	32	35	30	32	33					
Once in a while	20	19	22	21	19					
Sometimes	13	12	15	13	14					
Often	16	12	19	18	14					
Always	18	22	13	16	19					
56. Stolen something from a store										
Never	83	81	85	84	82					
Once in a while	9	9	9	7	10					
Sometimes	2	2	2	2	3					
Often	2	3	2	2	2					
Always	4	6	2	5	3					
57. Gotten into trouble with the police										
Never	79	74	85	81	78					
Once in a while	10	12	7	11	9					
Sometimes	6	7	5	4	7					
Often	3	5	1	2	5					
Always	2	3	1	2	2					
58. Hit or beat up someone										
Never	62	52	72	63	60					
Once in a while	14	17	11	11	17					
Sometimes	9	12	7	9	9					
Often	6	8	4	6	6					
Always	9	12	6	11	8					
59. Damaged property just for fun (such as breaking windows, scratching a car, putting paint on walls, etc.)										
Never	85	76	94	85	84					
Once in a while	6	11	2	7	6					
Sometimes	3	4	2	2	4					
Often	3	4	2	4	3					
Always	3	5	1	3	3					

All Survey Items by Gender and Grade

(Cont'd)

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
During an average week, how many hours do you spend . . . ?									
60. Playing on or helping with sports teams at school or in the community									
0 hours	40	36	44	38	41				
1 hour	11	11	13	15	8				
2 hours	12	10	14	13	10				
3 - 5 hours	13	13	14	15	12				
6 - 10 hours	11	13	9	9	13				
11 or more hours	13	18	7	10	16				
61. In clubs or organizations (other than sports) at school (for example, school newspaper, student government, school plays, language clubs, hobby clubs, drama club, debate, etc.)									
0 hours	65	72	58	62	68				
1 hour	15	14	17	17	14				
2 hours	10	6	14	10	9				
3 - 5 hours	6	5	6	7	5				
6 - 10 hours	2	1	4	2	3				
11 or more hours	2	3	2	2	2				
62. In clubs or organizations (other than sports) outside of school (such as 4-H, Scouts, Boys and Girls Clubs, YWCA, YMCA)									
0 hours	71	74	69	68	74				
1 hour	12	11	14	14	11				
2 hours	7	6	9	9	6				
3 - 5 hours	5	4	6	6	5				
6 - 10 hours	1	1	0	0	1				
11 or more hours	3	4	2	3	3				
63. Reading just for fun (not part of your school work)									
0 hours	37	47	28	40	36				
1 hour	29	25	34	28	30				
2 hours	14	13	14	16	11				
3 - 5 hours	13	10	16	9	16				
6 - 10 hours	3	1	5	3	3				
11 or more hours	4	4	3	5	3				
64. Going to programs, groups, or services at a church, synagogue, mosque, or other religious or spiritual place									
0 hours	27	31	24	26	28				
1 hour	17	16	17	18	15				
2 hours	22	23	22	24	21				
3 - 5 hours	22	19	26	20	24				
6 - 10 hours	5	4	6	5	6				
11 or more hours	6	7	6	8	5				
65. Helping other people without getting paid (such as helping out at a hospital, daycare center, food shelf, youth program, community service agency, or doing other things) to make your city a better place for people to live									
0 hours	48	56	40	48	49				
1 hour	22	19	26	24	21				
2 hours	16	12	19	15	17				
3 - 5 hours	7	4	9	6	7				
6 - 10 hours	3	3	4	2	4				
11 or more hours	4	5	3	5	3				

All Survey Items by Gender and Grade (Cont'd)	Percent										
	Total Sample	Gender		Grade							
		M	F	6	7	8	9	10	11	12	
During an average week, how many hours do you spend . . . ?											
66. Helping friends or neighbors											
0 hours	19	23	14		19	19					
1 hour	36	34	38		39	33					
2 hours	20	21	19		17	23					
3 - 5 hours	13	11	15		12	13					
6 - 10 hours	5	3	6		4	5					
11 or more hours	8	8	8		9	7					
67. Practicing or taking lessons in music, art, drama, or dance, after school or on weekends											
0 hours	47	55	39		45	49					
1 hour	19	16	22		23	14					
2 hours	11	9	14		11	12					
3 - 5 hours	12	10	15		12	12					
6 - 10 hours	4	3	5		3	5					
11 or more hours	7	7	6		6	7					
People who know me would say that this is . . .											
68. Knowing how to say "no" when someone wants me to do things I know are wrong or dangerous											
Not at all like me	10	13	8		14	8					
A little like me	12	15	10		13	12					
Somewhat like me	12	14	9		10	14					
Quite like me	21	20	23		19	24					
Very much like me	44	39	49		45	43					
69. Caring about other people's feelings											
Not at all like me	6	9	3		6	6					
A little like me	9	12	6		12	6					
Somewhat like me	17	24	10		18	17					
Quite like me	35	32	38		32	37					
Very much like me	33	24	43		32	34					
70. Thinking through the possible good and bad results of different choices before I make decisions											
Not at all like me	12	16	8		13	12					
A little like me	13	16	10		13	13					
Somewhat like me	24	25	24		25	24					
Quite like me	31	27	35		32	30					
Very much like me	20	16	23		18	21					
71. Saving my money for something special rather than spending it all right away											
Not at all like me	18	17	20		20	16					
A little like me	15	13	17		17	13					
Somewhat like me	19	21	16		16	22					
Quite like me	19	18	21		19	20					
Very much like me	29	31	26		28	29					
72. Respecting the values and beliefs of people who are of a different race or culture than I am											
Not at all like me	6	10	2		7	5					
A little like me	9	11	7		10	8					
Somewhat like me	13	17	8		11	14					
Quite like me	30	26	34		27	33					
Very much like me	42	36	49		44	40					
73. Giving up when things get hard for me											
Not at all like me	48	55	40		45	50					
A little like me	23	19	28		22	24					
Somewhat like me	16	12	19		16	14					
Quite like me	8	9	7		7	8					
Very much like me	7	6	7		9	4					

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
People who know me would say that this is . . .										
74. Staying away from people who might get me in trouble										
Not at all like me	12	13	11		13	11				
A little like me	14	16	14		14	15				
Somewhat like me	18	19	17		16	20				
Quite like me	25	24	26		24	26				
Very much like me	30	28	33		32	28				
75. Feeling really sad when one of my friends is unhappy										
Not at all like me	13	21	6		13	14				
A little like me	17	23	11		17	18				
Somewhat like me	24	27	21		24	23				
Quite like me	25	18	32		22	28				
Very much like me	20	11	30		24	17				
76. Being good at making and keeping friends										
Not at all like me	4	5	2		4	4				
A little like me	6	7	4		7	6				
Somewhat like me	10	12	8		9	12				
Quite like me	33	35	32		34	32				
Very much like me	46	41	53		46	47				
77. Knowing a lot about people of other races										
Not at all like me	12	15	8		12	11				
A little like me	17	18	15		13	20				
Somewhat like me	25	22	29		24	26				
Quite like me	24	22	26		23	24				
Very much like me	23	23	22		28	18				
78. Enjoying being with people who are of a different race than I am										
Not at all like me	6	10	2		6	5				
A little like me	11	11	12		9	13				
Somewhat like me	24	24	24		24	24				
Quite like me	26	29	23		22	30				
Very much like me	33	27	39		39	27				
79. Being good at planning ahead										
Not at all like me	11	13	9		13	9				
A little like me	19	18	18		18	19				
Somewhat like me	28	28	27		27	29				
Quite like me	25	25	25		25	26				
Very much like me	17	14	20		17	16				
80. Taking good care of my body (such as, eating foods that are good for me, exercising regularly, and eating three good meals a day)										
Not at all like me	7	9	4		7	7				
A little like me	12	11	13		11	14				
Somewhat like me	21	21	21		21	21				
Quite like me	25	27	23		23	26				
Very much like me	35	32	39		38	32				
How many times, if any, have you had alcohol to drink . . . ?										
81. In your lifetime										
0	52	47	56		60	44				
1	15	17	14		13	18				
2	8	10	7		9	7				
3 - 5	10	12	9		7	14				
6 - 9	5	4	6		4	6				
10 - 19	4	4	4		3	5				
20 - 39	2	2	2		1	3				
40 +	4	4	3		3	4				

All Survey Items by Gender and Grade

(Cont'd)

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
How many times, if any, have you had alcohol to drink . . . ?									
82. During the last 12 months									
0	71	70	73	78	64				
1	12	13	10	9	15				
2	4	3	5	3	5				
3 - 5	7	7	6	5	9				
6 - 9	2	4	1	3	2				
10 - 19	2	1	2	1	2				
20 - 39	1	1	1	0	1				
40 +	1	1	0	0	1				
83. During the last 30 days									
0	87	85	89	90	84				
1	6	7	4	4	7				
2	4	3	4	4	5				
3 - 5	2	3	1	1	3				
6 - 9	1	0	1	1	1				
10 - 19	0	0	0	0	0				
20 - 39	0	0	0	0	0				
40 +	0	1	0	0	1				
84. Think back over the last two weeks. How many times have you had five or more drinks in a row? (A "drink" is a glass of wine, a bottle or can of beer, a shot glass of liquor, or a mixed drink.)									
None	91	89	93	92	89				
Once	5	6	3	4	6				
Twice	1	1	2	1	2				
3 to 5 times	2	3	1	2	3				
6 to 9 times	1	1	1	1	1				
10 or more times	0	1	0	1	0				
85. If you came home from a party and your parents found out that you had been drinking, how upset do you think they would be?									
Not at all upset	3	4	2	4	2				
A little upset	4	4	4	3	5				
Somewhat upset	6	6	5	5	6				
Very upset	16	16	16	11	21				
Extremely upset	71	71	74	77	66				
How many times, if any, have you smoked cigarettes . . . ?									
86. In your lifetime									
0	76	76	76	80	72				
1	9	9	10	9	10				
2	3	3	3	3	3				
3 - 5	3	4	3	3	4				
6 - 9	2	2	2	1	3				
10 - 19	2	2	2	2	2				
20 - 39	1	3	0	1	2				
40 +	3	4	3	2	5				
87. During the last 12 months									
0	88	88	89	90	86				
1	3	3	3	4	2				
2	2	2	2	1	3				
3 - 5	1	2	1	2	1				
6 - 9	1	1	2	1	2				
10 - 19	2	2	1	1	2				
20 - 39	1	0	1	1	1				
40 +	2	1	2	0	3				

All Survey Items by Gender and Grade

(Cont'd)

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
How many times, if any, have you smoked cigarettes . . . ?									
88. During the last 30 days									
0	93	93	94	95	91				
1	2	2	1	2	2				
2	1	1	1	1	1				
3 - 5	2	2	1	1	2				
6 - 9	1	1	0	0	1				
10 - 19	0	0	1	0	0				
20 - 39	1	1	1	0	1				
40 +	1	1	1	0	1				
89. During the last two weeks, about how many cigarettes have you smoked?									
None	95	95	95	96	93				
Less than 1 cigarette per day	2	2	2	2	2				
1 to 5 cigarettes per day	2	2	2	1	3				
About 1/2 pack per day	1	1	1	1	1				
About 1 pack per day	0	0	1	0	1				
About 1 - 1/2 packs per day	0	0	0	0	0				
2 or more packs per day	0	0	0	0	0				
How many times, if any, have you used marijuana (grass, pot) or hashish (hash, hash oil) . . . ?									
90. In your lifetime									
0	90	88	91	93	86				
1	3	4	2	3	3				
2	1	0	1	1	1				
3 - 5	1	1	1	1	2				
6 - 9	1	2	1	1	2				
10 - 19	2	2	1	1	3				
20 - 39	1	1	1	0	1				
40 +	1	1	1	1	1				
91. During the last 12 months									
0	93	91	94	95	90				
1	2	2	2	2	2				
2	1	1	1	1	1				
3 - 5	2	3	1	1	3				
6 - 9	1	2	1	0	2				
10 - 19	0	0	0	0	0				
20 - 39	0	0	1	0	1				
40 +	1	1	0	0	1				
How many times, if any, have you used cocaine (crack, coke, snow, rock) . . . ?									
92. In your lifetime									
0	98	98	98	99	97				
1	1	1	2	0	2				
2	0	0	0	0	0				
3 - 5	0	0	0	0	0				
6 - 9	0	0	0	0	0				
10 - 19	0	0	0	0	0				
20 - 39	0	1	0	0	0				
40 +	0	0	0	0	0				
93. During the last 12 months									
0	99	99	99	100	98				
1	1	0	1	0	1				
2	0	0	0	0	0				
3 - 5	0	0	0	0	0				
6 - 9	0	0	0	0	0				
10 - 19	0	0	0	0	0				
20 - 39	0	0	0	0	0				
40 +	0	0	0	0	0				

All Survey Items by Gender and Grade

(Cont'd)

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
During the last 12 months, how many times have you . . . ?									
94. Been to a party where other kids your age were drinking									
Never	82	81	83	88	76				
Once	8	7	9	7	10				
Twice	5	5	5	2	8				
3 - 4 times	2	2	2	1	3				
5 or more times	3	4	2	2	4				
95. Driven a car after you had been drinking									
Never	98	97	99	98	97				
Once	1	2	1	1	2				
Twice	0	0	0	1	0				
3 - 4 times	0	0	0	0	0				
5 or more times	0	1	0	0	1				
96. Ridden in a car whose driver had been drinking									
Never	69	71	66	68	69				
Once	13	11	16	14	13				
Twice	5	5	5	5	5				
3 - 4 times	3	3	4	3	4				
5 or more times	9	10	8	9	10				
How many times, if any, have you sniffed glue, breathed the contents of aerosol spray cans or inhaled other fumes in order to get high . . . ?									
97. During the last 12 months									
0	88	86	90	88	88				
1	4	6	3	4	5				
2	2	2	2	2	2				
3 - 5	1	1	2	2	1				
6 - 9	1	1	1	1	2				
10 - 19	1	0	1	1	1				
20 - 39	1	1	0	0	1				
40 +	1	3	0	2	1				
98. During the last 30 days									
0	95	94	96	95	94				
1	2	3	1	2	2				
2	1	1	1	1	1				
3 - 5	1	0	1	0	2				
6 - 9	1	1	1	1	1				
10 - 19	0	1	0	0	1				
20 - 39	0	1	0	0	0				
40 +	0	1	0	1	0				
99. In an average week, how many times do all of the people in your family who live with you eat dinner together?									
None	16	16	17	15	18				
Once a week	8	6	9	9	6				
Twice a week	11	11	10	11	11				
Three times a week	8	7	9	9	7				
4 times a week	12	11	12	10	13				
5 times a week	11	12	10	12	10				
6 times a week	8	8	7	6	9				
7 times a week	27	27	27	27	27				
100. How often did you feel sad or depressed during the last month?									
All of the time	6	5	5	6	5				
Most of the time	9	5	13	7	10				
Some of the time	17	16	18	20	14				
Once in a while	49	47	52	49	49				
Not at all	20	27	13	18	22				

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
101. Have you ever tried to kill yourself?										
No	88	90	87	87	89					
Yes, once	8	7	8	9	7					
Yes, twice	1	2	0	1	1					
Yes, more than two times	3	1	5	2	3					
102. Have you ever had sexual intercourse ("gone all the way," "made love")?										
No	85	81	89	87	83					
Once	6	6	4	5	6					
Twice	3	4	3	3	3					
3 times	1	1	1	1	1					
4 or more times	6	8	3	4	7					
103. When you have sex, how often do you and/or your partner use a birth control method such as birth control pills, a condom (rubber), foam, diaphragm, or IUD?										
Never	30	27	36	44	17					
Seldom	5	7	2	7	3					
Sometimes	6	5	7	7	5					
Often	3	5	0	3	3					
Always	56	56	55	39	71					
How many times, if any, in the last 12 months have you used . . . ?										
104. Chewing tobacco or snuff										
0	95	93	98	97	93					
1	2	3	1	1	4					
2	1	2	0	1	1					
3 - 5	1	1	1	1	1					
6 - 9	0	0	0	0	0					
10 - 19	0	0	0	0	0					
20 - 39	0	0	0	0	1					
40 +	0	0	0	0	0					
105. Heroin (smack, horse, skag) or other narcotics like opium or morphine										
0	99	99	100	99	99					
1	0	0	0	0	0					
2	0	0	0	0	0					
3 - 5	0	1	0	0	0					
6 - 9	0	0	0	0	0					
10 - 19	0	0	0	0	0					
20 - 39	0	0	0	0	0					
40 +	0	0	0	0	0					
106. Alawan										
0	100	100	100	100	100					
1	0	0	0	0	0					
2	0	0	0	0	0					
3 - 5	0	0	0	0	0					
6 - 9	0	0	0	0	0					
10 - 19	0	0	0	0	0					
20 - 39	0	0	0	0	0					
40 +	0	0	0	0	0					
107. PCP or Angel Dust										
0	99	99	100	99	99					
1	0	0	0	0	0					
2	0	0	0	0	0					
3 - 5	0	0	0	0	0					
6 - 9	0	0	0	0	0					
10 - 19	0	0	0	0	0					
20 - 39	0	0	0	0	1					
40 +	0	0	0	0	0					

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
How many times, if any, in the last 12 months have you used . . . ?										
108. LSD ("acid")										
0	99	99	99		99	99				
1	0	0	0		0	1				
2	0	0	0		0	0				
3 - 5	0	0	0		0	0				
6 - 9	0	0	0		0	0				
10 - 19	0	0	0		0	0				
20 - 39	0	0	0		1	0				
40 +	0	0	0		0	0				
109. Amphetamines (for example, uppers, ups, speed, bennies, dexies) without a prescription from a doctor										
0	98	98	98		98	97				
1	1	1	1		1	1				
2	1	1	1		1	1				
3 - 5	0	0	0		0	0				
6 - 9	0	0	0		0	0				
10 - 19	0	0	0		0	0				
20 - 39	0	0	0		0	0				
40 +	0	0	0		0	0				
110. Sometimes I feel like my life has no purpose										
Strongly agree	8	6	9		8	7				
Agree	12	11	13		14	10				
Not sure	17	15	18		16	17				
Disagree	20	22	17		19	21				
Strongly disagree	44	46	43		43	45				
111. Adults in my town or city make me feel important										
Strongly agree	20	20	20		24	16				
Agree	37	35	39		37	37				
Not sure	29	31	27		25	33				
Disagree	8	6	9		7	9				
Strongly disagree	6	8	4		7	5				
112. Adults in my town or city listen to what I have to say										
Strongly agree	15	14	15		18	11				
Agree	34	32	36		31	37				
Not sure	33	33	34		32	34				
Disagree	12	13	12		12	13				
Strongly disagree	6	8	3		7	5				
113. I'm given lots of chances to help make my town or city a better place in which to live										
Strongly agree	13	13	13		16	10				
Agree	27	27	28		27	26				
Not sure	34	32	37		30	38				
Disagree	17	18	15		16	18				
Strongly disagree	9	10	8		11	7				
114. Adults in my town or city don't care about people my age										
Strongly agree	7	10	3		9	5				
Agree	8	9	7		7	10				
Not sure	34	37	31		35	33				
Disagree	28	25	32		24	33				
Strongly disagree	22	19	27		25	20				

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
115. In my town or city, I feel like I matter to people										
Strongly agree	19	19	19	20	17					
Agree	32	28	36	32	32					
Not sure	34	37	32	33	36					
Disagree	8	8	7	7	9					
Strongly disagree	7	9	6	8	6					
116. When things don't go well for me, I am good at finding a way to make things better										
Strongly agree	22	24	18	23	20					
Agree	42	38	47	40	44					
Not sure	24	23	26	25	24					
Disagree	9	12	5	9	9					
Strongly disagree	3	3	3	3	3					
117. When I am an adult, I'm sure I will have a good life										
Strongly agree	45	45	45	48	41					
Agree	30	31	30	28	32					
Not sure	21	20	21	20	21					
Disagree	2	3	1	2	3					
Strongly disagree	2	2	3	2	3					
During the last 12 months, how many times have you . . . ?										
118. Taken part in a fight where a group of your friends fought another group										
Never	79	75	82	80	77					
Once	10	11	9	11	10					
Twice	5	6	4	4	6					
3 - 4 times	2	2	1	1	3					
5 or more times	4	6	3	4	4					
119. Hurt someone badly enough to need bandages or a doctor										
Never	85	78	92	86	84					
Once	9	13	4	9	9					
Twice	3	4	1	3	3					
3 - 4 times	1	2	1	0	2					
5 or more times	2	3	1	2	2					
120. Used a knife, gun or other weapon to get something from a person										
Never	97	96	98	97	97					
Once	2	2	2	2	2					
Twice	0	0	0	0	0					
3 - 4 times	1	1	0	1	1					
5 or more times	0	0	0	0	0					
121. If you had an important concern about drugs, alcohol, sex, or some other serious issue, would you talk to your parent(s) about it?										
Yes	37	35	40	42	33					
Probably	19	18	21	13	25					
I'm not sure	17	16	17	18	15					
Probably not	9	11	7	9	9					
No	18	21	15	19	17					
122. How much of the time do your parents ask you where you are going or with whom you will be?										
Never	6	8	3	7	4					
Seldom	5	5	5	4	6					
Some of the time	8	9	7	8	8					
Most of the time	24	29	20	21	20					
All of the time	57	49	64	59	54					

All Survey Items by Gender and Grade

(Cont'd)

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
Among the people you consider to be your closest friends, how many would you say . . . ?									
123. Drink alcohol once a week or more									
None	81	80	84	88	75				
A few	13	14	11	8	17				
Some	4	4	3	2	6				
Most	2	2	2	2	2				
All	0	0	1	0	1				
124. Have used drugs such as marijuana or cocaine									
None	84	85	85	91	78				
A few	9	8	10	4	13				
Some	5	6	3	3	6				
Most	2	2	2	1	3				
All	0	0	1	0	1				
125. Do well in school									
None	5	8	3	7	4				
A few	10	11	9	9	10				
Some	16	15	16	12	20				
Most	44	45	45	47	42				
All	25	21	28	26	24				
126. Get into trouble at school									
None	40	30	51	43	38				
A few	29	32	26	27	31				
Some	20	24	16	20	21				
Most	7	9	5	7	7				
All	3	4	2	3	3				
How often do you feel afraid of . . . ?									
127. Walking around your neighborhood									
Never	69	81	56	69	68				
Once in a while	17	12	23	15	19				
Sometimes	8	3	12	7	9				
Often	3	2	5	4	2				
Always	3	2	4	4	2				
128. Getting hurt by someone at your school									
Never	67	68	66	63	71				
Once in a while	19	22	16	19	19				
Sometimes	7	6	8	8	6				
Often	4	2	6	5	4				
Always	3	2	4	5	1				
129. Getting hurt by someone in your home									
Never	85	88	83	83	87				
Once in a while	6	5	8	8	5				
Sometimes	5	3	6	5	5				
Often	2	2	2	2	2				
Always	1	1	1	2	0				
130. On the average, how many evenings per week do you go out to activities at a school, youth group, congregation, or other organization?									
0	37	41	32	37	36				
1	15	16	14	13	18				
2	15	12	17	14	15				
3	11	9	14	13	10				
4	6	4	8	9	4				
5	8	8	7	6	9				
6	3	2	3	2	3				
7	6	7	3	6	5				

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
131. On the average, how many evenings per week do you go out just to be with your friends without anything special to do?									
0	21	23	18	22	20				
1	19	18	20	21	17				
2	19	17	22	19	20				
3	14	12	16	12	16				
4	7	7	7	7	6				
5	7	6	8	6	8				
6	2	3	1	1	3				
7	11	13	9	12	10				
132. Imagine that someone at your school hit you or pushed you for no reason. What would you do?									
I'd hit or push them right back.	42	48	37	43	43				
I'd try to hurt them worse than they hurt me.	12	17	6	12	12				
I'd try to talk to this person and work out our differences.	7	5	10	7	8				
I'd talk to a teacher or other adult.	22	13	30	24	19				
I'd just ignore it and do nothing.	17	17	17	14	19				
133. Students help decide what goes on in my school									
Strongly agree	17	16	18	17	16				
Agree	32	31	33	29	34				
Not sure	34	35	33	34	34				
Disagree	9	8	10	10	8				
Strongly disagree	8	11	6	10	7				
134. I don't care how I do in school									
Strongly agree	4	4	3	5	2				
Agree	4	5	4	4	5				
Not sure	13	15	11	11	14				
Disagree	20	25	16	18	23				
Strongly disagree	59	52	67	62	56				
135. I have lots of good conversations with my parents									
Strongly agree	28	26	31	28	29				
Agree	37	41	34	38	37				
Not sure	20	20	20	19	21				
Disagree	9	9	9	10	9				
Strongly disagree	5	4	5	5	4				
136. If I break a rule at school, I'm sure to get in trouble									
Strongly agree	37	32	42	40	33				
Agree	33	32	35	33	34				
Not sure	20	24	15	18	22				
Disagree	6	7	4	5	7				
Strongly disagree	4	5	4	4	4				
137. My parents spend a lot of time helping other people									
Strongly agree	21	20	23	24	19				
Agree	33	31	35	30	35				
Not sure	36	37	35	36	36				
Disagree	7	9	5	5	9				
Strongly disagree	3	4	2	5	2				
138. I have little control over the things that will happen in my life									
Strongly agree	14	15	12	16	11				
Agree	21	20	21	23	19				
Not sure	23	24	21	24	23				
Disagree	23	24	22	17	28				
Strongly disagree	20	16	23	20	19				

All Survey Items by Gender and Grade

(Cont'd)

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
During the last 12 months, how many times have you . . . ?									
139. Carried a knife or gun to protect yourself									
Never	84	78	91	86	82				
Once	7	8	6	6	9				
Twice	2	3	1	3	1				
3 - 4 times	2	3	1	2	2				
5 or more times	5	8	1	4	6				
140. Threatened to physically hurt someone									
Never	75	71	79	76	73				
Once	11	13	8	10	12				
Twice	5	5	4	4	6				
3 - 4 times	4	4	4	5	4				
5 or more times	6	7	5	5	6				
141. Gambled (for example, bought lottery tickets or tabs, bet money on sports teams or card games, etc.)									
Never	77	66	88	80	73				
Once	9	11	7	6	11				
Twice	4	5	2	4	4				
3 - 4 times	4	7	2	3	6				
5 or more times	6	10	1	7	6				
How many adults have you known for two or more years who . . . ? (don't count parents or relatives)									
142. Give you lots of encouragement whenever they see you									
0	13	18	9	15	12				
1	12	12	11	13	11				
2	15	13	16	14	15				
3 or 4	17	14	20	18	16				
5 or more	43	42	44	39	46				
143. You look forward to spending time with									
0	15	20	9	15	15				
1	14	14	14	14	15				
2	16	15	18	18	15				
3 or 4	23	18	27	20	25				
5 or more	32	32	32	33	31				
144. Spend a lot of time helping other people									
0	16	21	11	18	15				
1	17	18	16	16	18				
2	20	18	22	19	20				
3 or 4	20	18	22	22	19				
5 or more	27	25	29	25	29				
145. Do things that are wrong or dangerous									
0	72	70	74	75	70				
1	15	15	16	13	17				
2	7	8	5	5	8				
3 or 4	2	2	2	2	2				
5 or more	4	5	3	4	4				
146. Talk with you at least once a month									
0	18	20	15	17	18				
1	14	14	13	13	15				
2	12	11	12	13	11				
3 or 4	16	14	17	17	14				
5 or more	41	40	43	40	43				

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
On an average school day, how many hours do you spend . . . ?										
147. Watching TV or videos										
None	4	6	2	4	5					
Less than 1 hour	13	13	13	14	12					
1 hour	20	16	25	15	24					
2 hours	24	21	26	24	24					
3 hours	15	14	15	16	13					
4 or more hours	25	31	19	27	23					
148. At home with no adult there with you										
None	18	16	20	19	17					
Less than 1 hour	27	30	23	25	28					
1 hour	19	19	18	20	18					
2 hours	14	13	15	14	14					
3 hours	9	8	10	9	9					
4 or more hours	14	13	14	12	15					
149. Have you ever been physically harmed (that is, where someone caused you to have a scar, black and blue marks, welts, bleeding, or a broken bone) by someone in your family or someone living with you?										
Never	71	72	69	69	72					
Once	16	14	17	15	16					
2 - 3 times	7	7	8	9	7					
4 - 10 times	4	3	4	4	3					
More than 10 times	3	4	1	3	2					
150. How many times in the last 2 years have you been the victim of physical violence where someone caused you physical pain or injury?										
Never	72	67	78	73	72					
Once	13	16	10	13	12					
Twice	6	7	4	5	7					
3 times	2	2	2	2	2					
4 or more times	7	9	6	7	7					
151. Where does your family now live?										
On a farm	5	6	5	4	7					
In the country, not on a farm	12	14	11	9	15					
On an American Indian reservation	1	1	0	0	1					
In a small town (under 2,500 in population)	7	7	8	6	8					
In a town (2,500 to 9,999)	19	16	22	16	22					
In a small city (10,000 to 49,999)	35	38	33	41	31					
In a medium size city (50,000 to 250,000)	17	13	19	20	13					
In a large city (over 250,000)	3	4	2	4	3					
152. How many years have you lived in the city where you now live?										
All my life	42	39	47	42	42					
10 years or more, but I've lived in at least one other place	15	15	14	12	17					
5 - 9 years	18	19	18	17	19					
3 - 4 years	10	8	12	13	7					
1 - 2 years	6	9	4	6	7					
Less than 1 year	8	10	6	9	8					
153. How often do you binge eat (eat a lot of food in a short period of time) and then make yourself throw up or use laxatives to get rid of the food you have eaten?										
Never	87	86	89	86	90					
Once in a while	8	9	7	9	7					
Sometimes	3	2	3	3	2					
Often	2	3	1	3	1					

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
154. Have you ever gone several months where you cut down on how much you ate and lost so much weight or became so thin that other people became worried about you?										
Yes	13	14	12	14	12					
No	87	86	88	86	88					
155. What is the highest level of schooling your father (or step-father or male foster parent/guardian) completed?										
Completed grade school or less	3	2	5	5	2					
Some high school	8	8	8	9	7					
Completed high school	25	23	26	21	27					
Some college	12	14	11	14	11					
Completed college	27	32	23	26	28					
Graduate or professional school after college	13	12	14	13	13					
Don't know, or does not apply	12	10	14	13	10					
156. What is the highest level of schooling your mother (or step-mother or female foster parent/guardian) completed?										
Completed grade school or less	3	3	3	4	2					
Some high school	8	5	11	8	8					
Completed high school	18	16	21	14	22					
Some college	19	18	20	18	19					
Completed college	29	33	24	33	26					
Graduate or professional school after college	15	16	15	13	17					
Don't know, or does not apply	8	9	6	9	6					

Appendix B

Item Mapping to Assets, Deficits, Risk-Taking Behaviors, High-Risk Behavior Patterns, and Thriving Indicators

EXTERNAL ASSETS

Support

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Family support	40	I get along well with my parents
	44	My parents give me help and support when I need it.
	48	My parents often tell me they love me.
Positive family communication	121	If you had an important concern about drugs, alcohol, sex, or some other serious issue, would you talk to your parent(s) about it?
	135	I have lots of good conversations with my parents.
	99	In an average week, how many times do all of the people in your family who live with you eat dinner together?
Other adult relationships		How many adults have you known for two or more years who...?
	142	Give you lots of encouragement whenever they see you
	143	You look forward to spending time with
	146	Talk with you at least once a month
Caring neighborhood	52	In my neighborhood, there are a lot of people who care about me.
Caring school climate	26	My teachers really care about me.
	28	I get a lot of encouragement at my school.
	50	Students in my school care about me.
Parent involvement in schooling		How often does one of your parents...?
	21	Help you with your school work
	22	Talk to you about what you are doing in school
	23	Ask you about homework
	24	Go to meetings or events at your school

Empowerment

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Community values youth	111	Adults in my town or city make me feel important.
	112	Adults in my town or city listen to what I have to say.
	114	Adults in my town or city don't care about people my age.
	115	In my town or city, I feel like I matter to people.

Youth as resources	49	In my family, I feel useful and important.
	113	I'm given lots of chances to help make my town or city a better place in which to live.
	133	Students help decide what goes on in my school.
Service to others		During an average week, how many hours do you spend...?
	65	Helping other people without getting paid (such as helping out at a hospital, daycare center, food shelf, youth program, community service agency, or doing other things) to make your city a better place for people to live
Safety		How often do you feel afraid of...?
	127	Walking around your neighborhood
	128	Getting hurt by someone at your school
	129	Getting hurt by someone in your home

Boundaries and Expectations

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Family boundaries	43	If I break one of my parents' rules, I usually get punished.
	51	In my family, there are clear rules about what I can and cannot do.
	122	How much of the time do your parents ask you where you are going or with whom you will be?
School boundaries	46	In my school there are clear rules about what students can and cannot do.
	53	At my school, everyone knows that you'll get in trouble for using alcohol or other drugs.
	136	If I break a rule at school, I'm sure to get in trouble.
Neighborhood boundaries	54	If one of my neighbors saw me do something wrong, he or she would tell one of my parents.
Adult role models	137	My parents spend a lot of time helping other people.
		How many adults have you known for two or more years who...?
	144	Spend a lot of time helping other people
	145	Do things that are wrong or dangerous
Positive peer influence		Among the people you consider to be your closest friends, how many would you say...?
	123	Drink alcohol once a week or more
	124	Have used drugs such as marijuana or cocaine
	125	Do well in school
	126	Get into trouble at school
High expectations	29	Teachers at school push me to be the best I can be.
	30	My parents push me to be the best I can be.

Constructive Use of Time

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Creative activities		During an average week, how many hours do you spend...?
	67	Practicing or taking lessons in music, art, drama, or dance, after school or on weekends
Youth programs		During an average week, how many hours do you spend...?
	60	Playing on or helping with sports teams at school or in the community
	61	In clubs or organizations (other than sports) <u>at school</u> (for example, school newspaper, student government, school plays, language clubs, hobby clubs, drama club, debate, etc.)
	62	In clubs or organizations (other than sports) <u>outside of school</u> (such as 4-H, Scouts, Boys and Girls Clubs, YWCA, YMCA)
Religious community		During an average week, how many hours do you spend...?
	64	Going to programs, groups, or services at a church, synagogue, mosque, or other religious or spiritual place
Time at home	131	On the average, how many evenings per week do you go out just to be with your friends without anything special to do?

INTERNAL ASSETS

Commitment to Learning

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Achievement motivation	25	At school I try as hard as I can to do my best work.
	27	It bothers me when I don't do something well.
	134	I don't care how I do in school.
School engagement		How often do you...?
	32	Feel bored at school
	33	Come to classes without bringing paper or something to write with
	34	Come to classes without your homework finished
	35	Come to classes without your books
Homework	19	On an average school day, about how much time do you spend doing homework outside of school?
Bonding to school	47	I care about the school I go to.
Reading for pleasure	63	During an average week, how many hours do you spend...? Reading just for fun (not part of your school work)

Positive Values

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Caring		How important is each of the following to you in your life?
	6	Helping other people
	8	Helping to make the world a better place in which to live
	13	Giving time or money to make life better for other people
Equality and social justice		How important is each of the following to you in your life?
	7	Helping to reduce hunger and poverty in the world
	10	Helping to make sure that all people are treated fairly
	12	Speaking up for equality (everyone should have the same rights and opportunities)
Integrity		How important is each of the following to you in your life?
	14	Doing what I believe is right even if my friends make fun of me
	15	Standing up for what I believe, even when it's unpopular to do so
Honesty		How important is each of the following to you in your life?
	16	Telling the truth, even when it's not easy
Responsibility		How important is each of the following to you in your life?
	17	Accepting responsibility for my actions when I make a mistake or get in trouble
	18	Doing my best even when I have to do a job I don't like
Restraint	37	It is against my values to drink alcohol while I am a teenager.
	45	It is against my values to have sex while I am a teenager.

Social Competencies

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Planning and decision-making		Think about the people who know you well. How do you think they would rate you on each of these?
	70	Thinking through the possible good and bad results of different choices before I make decisions
	79	Being good at planning ahead
Interpersonal competence		Think about the people who know you well. How do you think they would rate you on each of these?
	69	Caring about other people's feelings
	75	Feeling really sad when one of my friends is unhappy
	76	Being good at making and keeping friends

Cultural competence		Think about the people who know you well. How do you think they would rate you on each of these?
	72	Respecting the values and beliefs of people who are of a different race or culture than I am
	77	Knowing a lot about people of other races
	78	Enjoying being with people who are of a different race than I am
Resistance skills		Think about the people who know you well. How do you think they would rate you on each of these?
	68	Knowing how to say "no" when someone wants me to do things I know are wrong or dangerous
	74	Staying away from people who might get me in trouble
Peaceful conflict resolution	132	Imagine that someone at your school hit you or pushed you for no reason. What would you do?

Positive Identity

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Personal power	116	When things don't go well for me, I am good at finding a way to make things better.
	138	I have little control over the things that will happen in my life.
Self-esteem	36	On the whole, I like myself.
	39	At times, I think I am no good at all.
	41	All in all, I am glad I am me.
	42	I feel I do not have much to be proud of.
Sense of purpose	110	Sometimes I feel like my life has no purpose.
Positive view of personal future	117	When I am an adult, I'm sure I will have a good life.

DEFICITS

<u>Deficit</u>	<u>Question #</u>	<u>Question</u>
Alone at home	148	On an average school day, how many hours do you spend...? At home with no adult there with you
TV overexposure	147	On an average school day, how many hours do you spend...? Watching TV or videos
Physical abuse	149	Have you ever been physically harmed (that is, where someone caused you to have a scar, black and blue marks, welts, bleeding, or a broken bone) by someone in your family or someone living with you?
Victim of violence	150	How many times in the last 2 years have you been the victim of physical violence where someone caused you physical pain or injury?

Drinking parties	94	During the last 12 months, how many times have you...? Been to a party where other kids your age were drinking
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RISK-TAKING BEHAVIORS

<u>Risk-Taking Behavior</u>	<u>Question #</u>	<u>Question</u>
Alcohol	83	How many times, if any, have you had alcohol to drink during the last 30 days?
	84	Think back over the last two weeks. How many times have you had five or more drinks in a row? (A "drink" is a glass of wine, a bottle or can of beer, a shot glass of liquor, or a mixed drink.)
Tobacco	88	How many times, if any, have you smoked cigarettes during the last 30 days?
	104	How many times, if any, in the last 12 months have you used chewing tobacco or snuff?
Inhalants	97	During the last 12 months, how many times, if any, have you sniffed glue, breathed the contents of aerosol spray cans or inhaled other fumes in order to get high?
Marijuana	91	How many times, if any, have you used marijuana (grass, pot) or hashish (hash, hash oil) during the last 12 months?
Other drug use	93	How many times, if any, have you used cocaine (crack, coke, snow, rock) during the last 12 months?
	105	How many times, if any, in the last 12 months have you used heroin (smack, horse, skag) or other narcotics like opium or morphine?
	107	How many times, if any, in the last 12 months have you used PCP or Angel Dust?
	108	How many times, if any, in the last 12 months have you used LSD ("acid")
	109	How many times, if any, in the last 12 months have you used amphetamines (for example, uppers, ups, speed, bennies, dexies) without a prescription from a doctor?
Driving and alcohol	95	During the last 12 months, how many times have you driven a car after you had been drinking?
	96	During the last 12 months, how many times have you ridden in a car whose driver had been drinking?
Sexual intercourse	102	Have you ever had sexual intercourse ("gone all the way," "made love")?

Anti-social behavior	56	During the last 12 months, how many times have you stolen something from a store?
	57	During the last 12 months, how many times have you gotten into trouble with the police?
	59	During the last 12 months, how many times have you damaged property just for fun (such as breaking windows, scratching a car, putting paint on walls, etc.)?
Violence	58	During the last 12 months, how many times have you hit or beat up someone?
	118	During the last 12 months, how many times have you taken part in a fight where a group of your friends fought another group?
	119	During the last 12 months, how many times have you hurt someone badly enough to need bandages or a doctor?
	120	During the last 12 months, how many times have you used a knife, gun or other weapon to get something from a person?
	139	During the last 12 months, how many times have you carried a knife or gun to protect yourself?
	140	During the last 12 months, how many times have you threatened to physically hurt someone?
School truancy	31	During the last four weeks, how many days of school have you missed because you skipped or "ditched"?
Gambling	141	During the last 12 months, how many times have you gambled (for example, bought lottery tickets or tabs, bet money on sports teams or card games, etc.)?
Eating disorder	153	How often do you binge eat (eat a lot of food in a short period of time) and then make yourself throw up or use laxatives to get rid of the food you have eaten?
	154	Have you ever gone several months where you cut down on how much you ate and lost so much weight or became so thin that other people became worried about you?
Depression	100	How often did you feel sad or depressed during the last month?
Attempted suicide	101	Have you ever tried to kill yourself?

HIGH-RISK BEHAVIOR PATTERNS

As is mentioned in Section III, high-risk behavior patterns represent higher incidence levels of the previously reported 24 risk-taking behaviors. In many cases, combinations of related risk-taking behaviors are used to define a pattern.

<u>High Risk Pattern</u>	<u>Question #</u>	<u>Question</u>
Alcohol	83	How many times, if any, have you used alcohol to drink during the last 30 days?
	84	Think back over the last two weeks. How many times have you had five or more drinks in a row? (A "drink" is a glass of wine, a bottle or can of beer, a shot glass of liquor, or a mixed drink.)

Tobacco	89	During the last two weeks, about how many cigarettes have you smoked?
	104	How many times, if any, in the last 12 months have you used chewing tobacco or snuff?
Illicit drugs	91	How many times, if any, have you used marijuana (grass, pot) or hashish (hash, hash oil) during the last 12 months?
	93	How many times, if any, have you used cocaine (crack, coke, snow, rock) during the last 12 months?
	105	How many times, if any, in the last 12 months have you used heroin (smack, horse, skag) or other narcotics like opium or morphine?
	107	How many times, if any, in the last 12 months have you used PCP or Angel Dust?
	108	How many times, if any, in the last 12 months have you used LSD ("acid")?
	109	How many times, if any, in the last 12 months have you used amphetamines (for example, uppers, ups, speed, bennies, dexies) without a prescription from a doctor?
Sexual intercourse	102	Have you ever had sexual intercourse ("gone all the way," "made love")?
Depression/suicide	100	How often did you feel sad or depressed during the last month?
	101	Have you ever tried to kill yourself?
Anti-social behavior	56	During the last 12 months, how many times have you stolen something from a store?
	57	During the last 12 months, how many times have you gotten into trouble with the police?
	59	During the last 12 months, how many times have you damaged property just for fun (such as breaking windows, scratching a car, putting paint on walls, etc.)?
Violence	58	During the last 12 months, how many times have you hit or beat up someone?
	118	During the last 12 months, how many times have you taken part in a fight where a group of your friends fought another group?
	119	During the last 12 months, how many times have you hurt someone badly enough to need bandages or a doctor?
	120	During the last 12 months, how many times have you used a knife, gun or other weapon to get something from a person?
	139	During the last 12 months, how many times have you carried a knife or gun to protect yourself?
	140	During the last 12 months, how many times have you threatened to physically hurt someone?
School problems	20	What grades do you earn in school?
	31	During the last four weeks, how many days of school have you missed because you skipped or "ditched"?

Driving and alcohol	95	During the last 12 months, how many times have you driven a car after you had been drinking?
	96	During the last 12 months, how many times have you ridden in a car whose driver had been drinking?
Gambling	141	During the last 12 months, how many times have you gambled (for example, bought lottery tickets or tabs, bet money on sports teams or card games, etc.)?

THRIVING INDICATORS

<u>Thriving Indicator</u>	<u>Question #</u>	<u>Question</u>
Succeeds in school	20	What grades do you earn in school?
Helps others	66	During an average week, how many hours do you spend...? Helping friends or neighbors
Values diversity		How important is each of the following to you in your life?
	11	Getting to know people who are of a different race than I am
Maintains good health		Think about the people who know you well. How do you think they would rate you on each of these?
	80	Taking good care of my body (such as eating foods that are good for me, exercising regularly, and eating three good meals a day)
Exhibits leadership	55	During the last 12 months, how many times have you...? Been a leader in a group or organization
Resists danger	38	I like to do exciting things even if they are dangerous.
Delays gratification		Think about the people who know you well. How do you think they would rate you on each of these?
	71	Saving my money for something special rather than spending it all right away
Overcomes adversity		Think about the people who know you well. How do you think they would rate you on each of these?
	73	Giving up when things get hard for me

Appendix C

Bibliography of the Theory and Research Undergirding Search Institute's Framework of Developmental Assets

(* indicates peer-reviewed journal)

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Appendix D

Search Institute Asset-Promoting Print and Video Resources

A Fragile Foundation

The State of Developmental Assets among American Youth

Peter L. Benson, Peter C. Scales, Nancy Leffert and Eugene C. Roehlkepartain

Based on a sample of almost 100,000 youth in 213 communities, this report looks at youth today through the Developmental Asset lens. The report features data from communities that used the *Search Institute Profiles of Student Life: Attitudes and Behaviors* survey during the 1996/97 school year.

Developmental Assets

A Synthesis of the Scientific Research on Adolescent Development

Peter C. Scales and Nancy Leffert

This book examines more than 800 scientific articles and reports on adolescent development that tie to each of the 40 Developmental Assets identified by Search Institute. An invaluable reference for people who seek to build assets for youth through their programs and communities, it not only shows the strong scientific foundation that undergirds the asset framework, but also shows what is known about how assets are built and their impact on different populations of youth.

Building Assets Together

Designed for use with youth in schools, congregations, and other youth-serving programs, this book describes creative, easy-to-use activities to introduce Developmental Assets to youth. It includes:

- 94 interactive group activities for 6th to 12th graders
- 41 attractive, reproducible worksheets that help youth understand their own assets

Ideas for Parents

Based on the 40 Developmental Assets, this set of 50 newsletter masters lets you provide parents in your community or organization with practical tips on how they can help their children grow into responsible, successful adults.

Sharing the Asset Message Speaker's Kit

This kit includes everything you need to present the asset framework to your organization or community. It includes a speaker's script, 13 transparencies, stories from asset-building communities around the country, answers to commonly-asked questions, and reproducible handouts.

Healthy Communities • Healthy Youth Tool Kit

Designed to meet the needs of communities and organizations looking for help with starting and sustaining an asset-building effort, this easy-to-use, one-of-a-kind quick reference guide offers ideas, strategies, and examples for mobilizing your community or organization.

For a catalog of additional resources, call Search Institute at 1-800-888-7828.